

WHAT TO PACK

Please use the checklist below when preparing for your child's course.

CLOTHING

- ☐ Comfortable everyday clothing
- ☐ Raincoat / rain gear
- ☐ Swimwear
- ☐ Sportswear
- ☐ Runners – an extra pair is advised
- ☐ Pyjamas
- ☐ Jeans, tops, shoes etc.
- ☐ Slippers
- ☐ Themed outfit(s) for the céilís*

*Examples of themed céilís: black and white, multicoloured, county colours, etc. A small pack of face paints can be great fun!

PERSONAL ITEMS

- ☐ Towels – shower and beach
 - ☐ Toiletries / toilet bag
 - ☐ Sunscreen
 - ☐ High-visibility jacket
 - ☐ Hand sanitiser
 - ☐ Netted / machine-friendly laundry bag
 - ☐ Writing materials – copybook, dictionary, pens etc.
 - ☐ Lunchbox
 - ☐ Reusable water bottle
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SPORTS & ACTIVITIES

- ☐ Gumshield
- ☐ Football boots
- ☐ Helmet – if bringing a hurley
- ☐ Musical instrument – optional
- ☐ Wetsuit**

Wetsuits: We provide wetsuits for our water sports activities. Students are welcome to bring their own wetsuit if they wish to use it for beach swimming.

MEDICATION

☐ Essential medication, if applicable – e.g. inhalers, EpiPens or other medication

All medication must be declared to us in advance.

COLÁISTE ÍDE RESIDENTIAL COURSE

Students attending our **Coláiste Íde Residential Course** should also bring:

- ☐ Duvet
- ☐ Duvet cover
- ☐ Sheets
- ☐ Pillow & pillowcase

Please ensure that all belongings are clearly labelled with your child's name.